

“The Shikantaza Koan”:
What is Thinking, Not-thinking, and Nonthinking?
A Daylong Workshop with Dosho Port

Dharma heir of Dainin Katagiri Roshi
Author of Keep Me in Your Heart Awhile

Hosted by The Henry Thoreau Zen Sangha
Boundless Way Zen

March 20th

At St John's Episcopal Church
97 Lowell Avenue, Newton, MA

8:30 am—5:00pm

Directions can be found at www.newtonzen.org



Please bring a brown bag lunch.
There is a \$25 minimal suggested donation.

In this workshop we'll work through the first portion of Dogen's
"The Healing Point of Zazen" ("Zazenshin"), entering the koan
through which Dogen unfolds the practice of earnest, vivid sitting.

Our investigation will include the following:

What is the role of study in Dogen Zen?

Is there thinking in mountain-still zazen?

Who is present in not-thinking?

What does it mean to enter into Buddha and into Mara?

... and why would anyone do such a thing?

To learn more about Dosho Port visit his blog at

<http://wildfoxzen.blogspot.com>.